

HEDRICK FOX TROT ROAD RACE

HELP CELEBRATE HEDRICK BAR-B-QUE DAYS

DATE: Saturday, June 24, 2017 TIME: 8:00 AM
PLACE: Main Street, Hedrick, Iowa
RACES: 5K Run & Walk 1 Mile Run & Walk
ENTRY FEE: \$15.00 **BEFORE** June 19 \$20.00 **AFTER** June 19
T-SHIRTS: For all who enter
AWARDS: Medals to the top three in each age class up through ages 16-19
Trophy awarded to top male and female in the 5K Run & 1 Mile Run
AGE CLASS: 10 & Under 11-14 15-19
20-29 30-39 40-49
50-59 60 & Over

Send Entries To: Harlan & Joyce Millikin or RE/MAX at the Depot
P.O. Box 343 P.O. Box 80
Hedrick, IA 52563 Hedrick, IA 52563
Make check to "Hedrick Bar-B-Que Days"

QUESTIONS: 641-653-2293 OR 641-777-9770

In consideration of your acceptance of this entry, I hereby for myself, my heirs, & executors waive any and all rights and claims for damages I may have against individuals associated with the event, sponsors, and officials, for any and all injuries suffered by me during, because of, or in travel to and from said event, I attest and verify that I have full knowledge of the risk involved in this event and I am physically fit and sufficiently trained to participate in this event.

NAME: _____ SEX: M F AGE: _____

ADDRESS: _____ PHONE: _____

CHECK ONE: _____ 5K RUN _____ 1 MILE RUN
_____ 5K WALK _____ 1 MILE WALK

T-SHIRT SIZE: Men/Women: S M L XL
Youth: 6-8 10-12 14-16