

23rd ANNUAL HEDRICK FOX TROT ROAD RACE

HELP CELEBRATE HEDRICK BAR-B-QUE DAYS

DATE: Saturday, July 13, 2024 Time: 7:45 am
PLACE: Main Street, Hedrick, Iowa
RACES: 5K Run & Walk 1 Mile Run & Walk
ENTRY FEE: \$20.00 **BEFORE** June 24th \$15.00 **AFTER** June 24th
(no medal and no shirt)
T-SHIRTS: For everyone entered before June 24th
AWARDS: Medals to all entries, drawing for gift cards

Send Entries to: FoxTrot Road Race
703 W. 6th St.
Hedrick, IA 52563

Make Checks Payable to "Hedrick BBQ Days"

Questions: 641-777-1271 Please help spread the word by copying, posting and sharing this form

In consideration of your acceptance of this entry, I hereby for myself, my heirs, & executors waive any and all rights and claims for damages I may have against the City of Hedrick, Iowa, individuals associated with the event, sponsors, and officials, for any and all injuries suffered by me during , because of, or in travel to and from said event, I attest and verify that I have full knowledge of the risk involved in this event and I am physically fit and sufficiently trained to participate in this event.

NAME: _____ SEX: _____ M _____ F AGE: _____

ADDRESS: _____ PHONE: _____

CHECK ONE: _____ 5K RUN _____ 1 MILE RUN
_____ 5 K WALK _____ 1 MILE WALK

T-SHIRT SIZE: MEN/WOMEN: S M L XL
YOUTH: 6-8 10-12 14-16